## 10 year:

I am 39 years old, my husband and I just had our 3<sup>rd</sup> and child Leila, (preceded by Amelia and [male]) they are all 2 years apart. My husband and I have gotten closer through the years and are still both driven by new and exciting goals that we pursue together and on our own - our sexual chemistry and attraction is still on point. We have 2 dogs, all of the smooshfaced variety and they get along and act as though they were trained by Cesar Milan, himself. Currently, we live in a large, old home right outside of Boston, and we have a beach house in Nantucket that we visit twice a year in addition to monthly warm destinations in the winter. My passport is pretty full, and I've gone to every continent (except Antarctica) at least once. My best friends include Margaret, Anna, Eileen, Jen and other people who have similar interests to me – I have quality time with these friends monthly. I still exercise 5-6 days a week, combining weight training, different cardiovascular challenges and yoga. The kids have a good sense of mindful eating, an active lifestyle, and the fact that their parents are a team that is to be respected. I have learned many different varieties of cooking and baking, and continue to experiment with new recipes. The interactions I have with my family and friends are loving and non-dramatic, and we vacation to my parents once a year. My parents and brother come to visit my family and me once or twice a year – either on vacation or to our home. At this point in my career, I freelance with my analytical and digital marketing expertise – this job still challenges me, but I have the freedom to spend time with my children and vacation regularly. My finances are fully in order, and I have no debt – if my husband and I wanted to retire at this point we could but we both work at things that continue to motivate and challenge us.

My Themes:

• Order
• Freedom
• Balance

What I do Best:
Creating Order
from Chaos

Feb 2013: I continue to grow in my role as a Supervisor at TJX – developing my management skills and learning about corporate budgeting. I am on track to receive a 5% raise for my yearly review. My credit score is strong and I have debt on only one credit card. I owe less than what my Mini is worth, have started adding \$20/week into an emergency fund & continue contributing to my 401K. My workouts vary based on the season, I paddleboard, kayak, walk outside, go for jogs & lift weights at the gym 5 days a week. I complete painting the oil portrait of Olive before the end of September, and have started the 2<sup>nd</sup> one. I continue to cook new and exciting meals twice a week in addition to planning out smaller meals for the week each Sunday. The friends in my life are the best ones and we don't accept less than the best from each other. The men I date respect me and treat me with kindness.

August 2014: I have been a Supervisor at TJX for 1.5 years and I am in line to be promoted to manager in the next year – the digital team has a solid foundation and works as a cohesive unit. My 401K has reached \$10K and I will have \$5K to contribute to a Roth IRA by the end of the year. I have no credit card debt and my college loans are <\$5K. I have booked a trip to Europe, have continued my love and knowledge of cooking & regularly seek out new creative endeavors. Working out is, as always, my source of peace – and I have maintained a healthy outlook on food through contemplation and coming to peace with my body image. My family and I spend holidays together and I have visited Buffalo twice. I am in a relationship with a man who is sweet, accountable, caring, respectful, funny, silly, active, passionate and adoring.

August 2018: I am debt free at this time (having paid off my car and student loans) and 25% of my income goes towards savings and a retirement account. I understand all of the details about my 401k and IRA. My husband and I owe no money on our home. I am in a management role in Marketing and have time to network with exciting and motivated people as well as recharge and stay on tasks with solitary assignments. The company I work for offers exciting and competitive benefits with 4 weeks of vacation time. I am married to someone that understands my need for alone time as well as the significance for me to be with a man that enjoys functioning as my partner in any situation – we have an active lifestyle and we vacation whenever we can, sometimes for an active and sporty vacation, and sometimes to be lazy, and revel in the excesses of life. We have had our daughter Amelia (Mia), and she has brought us closer. My husband and I continue to have a passionate, loving connection – that is filled with ridiculous, belly-aching laughter.